

Weekly Cleaning Checklist

MONDAY

Wipe down counters
Wipe down cabinet doors and knobs
Tidy up the pantry and cabinets
Clean the refrigerator
Deep clean the dishwasher
Clean the sink and garbage disposal
Wash out the garbage can

TUESDAY

Wipe down countertops and faucets
Scrub shower doors/walls
Clean the mirrors
Scrub and wipe down the toilet
Mop the floors
Empty trash
Wash bath mats/rugs

WEDNESDAY

Change the sheets
Vacuum or sweep and mop
Pick up and put away clothes, shoes, accessories, etc.
Tidy up dressers and nightstands
Dust surfaces, including ceiling fans and blinds

THURSDAY

Do the laundry
Wipe down your washer and dryer
Organize and tidy laundry room
Drop off items that need to be dry-cleaned
Set aside items that need to be mended

FRIDAY

Dusting surfaces
Sweeping/mopping/vacuuming
Washing pillowcases and throw blankets
Vacuuming the sofa
Cleaning windows
Picking up and putting away

SATURDAY

Sweeping your porch or deck
Sweeping sidewalks
Cleaning windows
Tidying up around the pool or patio if you have one
Cleaning out or organizing the garage
Cleaning out your car

SUNDAY

Meal planning and prep
Making grocery lists
Checking your planner for upcoming appointments
Making a list of errands that need to be completed