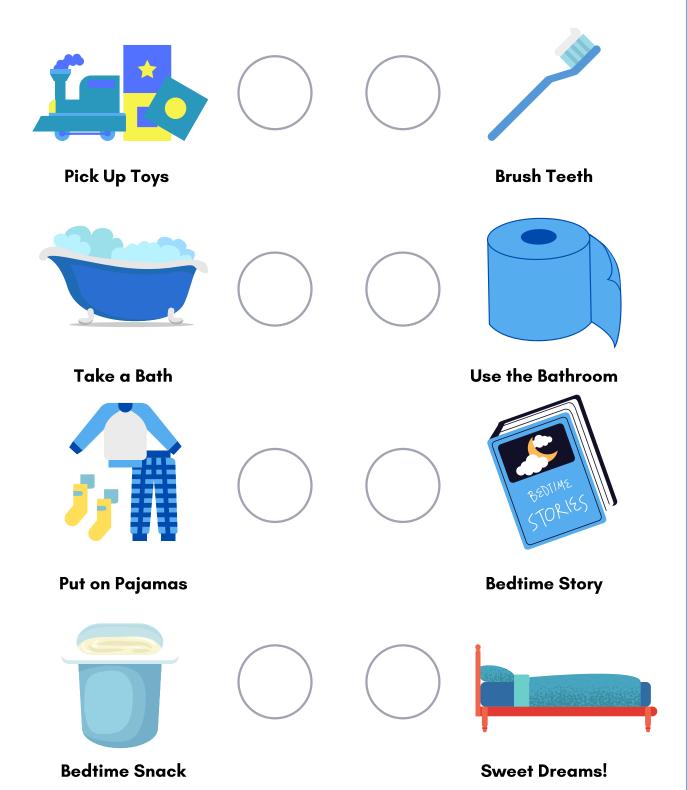
## TIME TO GET READY TO SLEEP! Bedtime Checklist

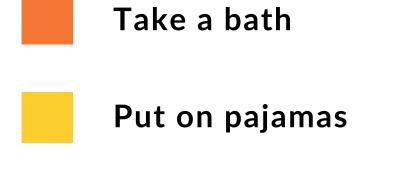


## TIME TO GET READY TO SLEEP! Bedtime Checklist

















CHECK OFF EACH ITEM TO GET READY FOR BED!



Take a bath

Put on pajamas

**Bedtime snack** 

**Brush teeth** 

Use the bathroom

**Bedtime story** 





CHECK OFF EACH ITEM TO GET READY FOR BED!









**Brush teeth** 

Use the bathroom

**Bedtime story**